## PHONE & MAIL ACCESS

Bread of Life Mission......206.682.3579 97 S Main St, Seattle

Register for mail W-F, 2-4pm. Mail pick up is Tu-F at noon. Provides a permanent mailing address to anyone in need.

Lazarus Center ..... ..206.623.7219 416 2nd Ave Ext S, Seattle

Daily, 11am-6:30pm. Ages 50+. Provides free use of telephone for local calls. Posts messages to a message board. Also provides a temporary mailing address.

Solanus Casey Center ......206.223.0907 1008 James St. Seattle

M W F, 1-4pm. Offers telephone use during drop-in hours.

Compass Housing Alliance ......206.357.3200 210 Alaskan Way S, Seattle

M W F, 9am-4:30pm; Tu Th, 9am-3pm; Sa, 9:30am-1pm. Provides mail services and receives messages for clients. Messages are posted to the lobby message board for 5 days.

Compass Housing Alliance - Adult Service Center ... 206.357.3190 2015 3rd Ave, Seattle

Daily, 10:30am-7pm. Offers free local phone usage.

505 3rd Ave. Seattle

Daily, 7:30am-5pm. Provides mail service and telephone use.

Gethsemane Community Services......206.682.3620

911 Stewart St. Seattle

Tu Th, noon-3:30pm. Provides a temporary mailing address.

# FREE VOICEMAIL

1501 N 45th St, Seattle

M-F, 9am-5:30pm. Provides voicemail services to people who are homeless or without a phone and on DSHS assistance, as well as inmates who need to communicate with their attorneys.

## **HOT MEALS**

Bread of Life Mission......206.682.3579

97 S Main, Seattle

Lunch: M-F, Noon. Dinner registration: M-Sa, 10am-4:30pm. Breathalyzer/Dinner: 5:30pm. Chapel required at 6:30pm.

907 Columbia, Seattle

Meal tickets at 3:30pm. Dinner: M-F, 4:30-5pm.

El Centro de la Raza......206.957.4634

2524 16th Ave S, Seattle

M-F, noon-1pm. Serves anyone in need.

Community Lunch on Capitol Hill......206.322.7500

1710 11th Ave, Seattle

Tu F, noon-1pm. Hot meal for anyone in need; may provide toiletries.

2515 Western Ave, Seattle

Breakfast: M-F, 6:15-7am. Lunch: M-F, Noon-1:30pm.

My Sweet Lord Café...... .. 425.246.8436

5521 University Way NE, Seattle

Tu-Sa, 6:30-9:30pm.

....6th and Columbia, under I-5 Outdoor Meal Site .......

Dinner: M-Th, 7:30pm.

Breakfast: M-F, 8am.

Hot Meal: M-F, 1pm.

Hot Meal: F, 6:30pm.

Sack Lunch: Sa, noon.

Hot Meal: 1st, 3rd, 5th Sa, 4pm.

Hot Meal: 2nd Sa, 5pm.

Lunch or Hot Meal: 4th Sa, 2pm.

Hot Meal: 4th Sa, 6:30pm.

Hot Meal: 1st, 2nd, 4th, 5th Su, 1pm.

Hot Meal: 3rd Su, noon.

Cold Lunch: 2nd, 4th Su, 11am.

Hot Meal: 3rd Su, 2pm.

Hot Brunch: 3rd Su, 10am.

Breakfast and clothes: Last Su of month, Nov-Mar, 8am.

Seattle Indian Center .... .206.329.8700 611 12th Ave S, Seattle

M-F, Noon-1:15pm.

Union Gospel Mission .......206.622.5177

318 2nd Ave Ext S, Seattle

Daily, 7-8:30am, noon-12:45pm, 5-5:30pm, 5:30-6:30pm. No noon meal Su.

# Seattle

# Men's

**Emergency Services** 





May 2012





Brochures updated quarterly at www.crisisclinic.org/Brochures.html

#### **FOOD BANKS**

The following food banks mainly serve Capitol Hill and/or Downtown Seattle. Call ahead for specific geographic eligibility requirements.

last two serving days of the month. No eligibility restrictions.

Pike Market Senior Center .......206.626.6462 1531 Western Ave, 5th Floor, Seattle

Tu Th, 10am-1pm. Call ahead for food bags: M-F, 8:30am-1pm.

W F, 11:30am-1pm. Provides culturally appropriate Asian-Pacific foods. Tickets to hold spot starting at 9am.

Last two Fridays each month, 9-10:30am. No eligibility restrictions.

611 20th Ave S, Seattle Tu Th Sa, 10am-1pm.

### **DROP-IN CENTERS**

M-F, 10am-4pm. Provides a center for homeless men and women to rest during the day. Light refreshments provided.

Showers/Restrooms: M-F, 7am-2pm. Laundry: M-F, 7am-12:45pm. Offers restrooms, showers, laundry services, and toiletries.

Compass Housing Alliance - Adult Service Center...206.357.3190 2015 3rd Ave, Seattle

Daily, 10:30am-7pm. Provides showers, laundry facilities, and phone use. Also provides information and referral to shelter, housing, health services, and public benefits.

Daily, 7am-7pm. Provides showers, restrooms, and hygiene supplies. Offers a place to relax indoors, with TV.

Daily, 1-6:30pm. Ages 50 & over, photo ID required. Provides a recreational library and computer room with games and TV.

 $M\ W\ F$ , 1-4pm. Provides hospitality, advocacy, and resource information.

M-Sa, 2-5pm. Personal Care Center offers shower and restroom facilities. Must be sober.

M-F, 5:30am-9:30pm. OCT-MAY: Sa Su, 8am-3pm.

JUN-SEP: Sa Su, 8am-5pm. Provides restrooms, showers, and laundry facilities. Also distributes limited hygiene items.

#### CLOTHING

St. Francis House.......Walk in only 169 12th Ave, Seattle

M-F, 10am-2:30pm. Can visit once every 30 days.

**Emerald City Community -**

M W, 11am-1pm. Ages 50+. Photo ID required.

Signup: Tu F, 9:30-11:30am. Pickup: Tu F, 2-3pm.

St. Vincent de Paul - Food/Clothing Bank ...... 206.767.9975 x124 5972 4th Ave S, Seattle

Tu Th, 11am-2pm.

ages 18-25. Cannot serve anyone younger than 18. ID req'd.

Summer: M Tu Th F, 10am-2pm. Winter 10am-2pm. Call for appointment.

### DAY LABOR

317 17th Ave S, Seattle

M-F, 6:30-10:30am. Sa, 6:30-11:30am. No ID or SSN required. Call for upcoming orientation time.

2515 Western Ave, Seattle

Call for upcoming orientation time. For work walk in between 6-10am. Ages 18+. ID and Social Security Card required. Background check performed. No felonies.

# **STORAGE**

SHARE/WHEEL ......206.623.0390

963 Mercer St, Seattle

Walk-in: M-F, 6:30-8:30am. Sa Su, 7-9am. Day and long-term storage in exchange for labor.