

DROP-IN CENTERS

South Sound Dream Center
 1420 Auburn Way S, Auburn..... Walk in only
Walk in Tu, noon-3pm. Sa, 11am-2pm.
 31411 6th Ave, Federal Way Walk in only
Walk in W, 10am-2pm.
Offers a drop-in center where homeless clients can use telephones and computers, and receive career and general mental health counseling. Serves hot meals. Coffee, donuts and pastries may also be available. Auburn site has new shower and washer and dryer facilities, as well as a pinball machine for entertainment.

CLOTHING

Federal Way Community Caregiving Network.....253.661.0505
Calvary Lutheran Church **Steel Lake Presbyterian Church**
 2415 S 320th St, Federal Way 1829 S 308th St, Federal Way
Th, 5-6pm *M, 4:30-5:30pm.*
Church of the Good Shepherd
 345 S 312th St, Federal Way
Sa, 1:30-2:30pm.

Kent Food Bank253.520.3550
 515 W Harrison, Suite 107, Kent
M Tu W F, 10am-1pm. Arrive by 12:30pm. Serves residents of Kent School District.

Margie Williams Helping Hands Center425.687.8365
 973 Chelan Ave NE, Renton
Sa, 8am-11am. Serves anyone in need.

Midway Clothing Bank.....206.878.4861
 Midway Community Covenant Church,
 22460 24th Ave S, Des Moines
Walk in W, 10am-noon, 6:30pm-8pm. Serves anyone in need. Need ID.

Multi-Service Center - Federal Way253.838.6810
 1200 S 336th St, Federal Way
M W F, 10am-2pm. 4th Th, 5-6pm. Serves South King County.

Plateau Outreach Ministries360.825.8961
 1810 Cole St, Enumclaw
W, 9:30am-noon. No restrictions.

Salvation Army - Renton425.255.5969
 206 S Tobin St, Renton
M-Th, 8:30-11:45am, 12:30-3:45pm. Sa, 9-11:30am. Walk in for a referral slip. Serves Renton and Skyway only.

St. Thomas Catholic Church206.242.5501
 4415 S 140th St, Tukwila
W, 2-3pm. Serves primarily Tukwila and North SeaTac residents.

Transform Burien Outreach Center..... 206.244.1399
 632 SW 143rd St, Burien
W, noon-2pm; Su, 3-5pm.

HOT MEALS

Auburn Food Bank 253.833.8925
Community Supper
 100 N St SE, Auburn
M, 4:30-5:30pm including holidays, except Memorial & Labor days
NW Family Church
 3535 Auburn Way S, Auburn
W, 5:30-6:30pm. Provides a free dinner to anyone in need.

Federal Way Community Caregiving Network..... 253.661.0505
Calvary Lutheran Church
 2415 S 320th St, Federal Way
Th, 5-6pm.
Steel Lake Presbyterian Church
 1829 S 308th St, Federal Way
M, 4:30-5:30pm.
Church of the Good Shepherd
 345 S 312th St, Federal Way

Friendly Kitchen..... Walk in only.
 Hillcrest School Gym, 1800 Index NE, Renton
Th, 5-6pm. during the school year only.

Harambee Church..... 425.271.6700
 316 3rd St, Renton
Sa, 4:30-6pm.

Transform Burien Outreach Center..... 206.244.1399
 632 SW 143rd St, Burien
W, noon-2pm; Su, 3-5pm. Also provides limited groceries after meal

Kent Community Supper..... 253.852.2057
 Kent Lutheran Church, 336 S 2nd, Kent
M, 5-6pm

Kent Seventh Day Adventist Church 253.852.3883
 25213 116th Ave SE, Kent
W Sa, 4:30-6pm. Provides hot meals for anyone in need

Renton Community Supper..... 425.255.5974
 720 S Tobin St, Renton
M W F, 5:30-6:30pm. Walk-in. Serves anyone in need

Two churches coordinate a weekly community supper on Tuesdays from 6-6:30pm. Supper location alternates between the churches monthly.
Even months—St Stephen the Martyr
 13055 SE 192nd St, Renton.....253.631.1044
Odd months—First Evangelical Presbyterian
 19800 108th Ave SE, Renton.....253.859.8998

Tukwila Pantry 206.431.8293
 3118 S 140th St, Tukwila
Tu, 5:30-6:15pm. Serves a nourishing meal every Tuesday evening for anyone who is hungry.

South King County

Emergency Services



May 2012



FOOD BANKS

*The following food banks serve specific geographic regions.
Call ahead for geographic eligibility requirements.*

Algona/Pacific Pantry.....	253.351.0450
New Hope Lutheran Church, 603 3rd Ave SE, Pacific Walk in Tu, 10am-1pm. Serves residents of Pacific, Algona and South Auburn.	
Auburn Food Bank.....	253.833.8925
930 18th Pl NE, Auburn M Tu Th F, 9am-1:15pm. 2nd W of the month, 4:30-6:30pm, 4:30-6:30pm. Serves Auburn School District Residents.	
Church by the Side of the Road.....	206.243.5024
3455 S 148th St, Seattle W, 10am-noon. Serves residents of Tukwila and SeaTac only.	
Des Moines Area Food Bank.....	206.878.2660
United Methodist Church, 22225 9th Ave S, Des Moines M W F, 9-11:45am. 3rd Tu of the month, 6-8pm. Serves residents of Des Moines and parts of SeaTac and Kent.	
Enumclaw Kiwanis Food Bank.....	360.825.6188
1350 Cole St, Enumclaw M-W, 9-11:45am. Serves Enumclaw School District Residents.	
Salvation Army—Renton.....	425.255.5969
206 S Tobin St, Renton M-F, 8am-4pm. Operates a food pantry for families with children in the Renton/Skyway area	
Highline Area Food Bank.....	206.433.9900
Manhattan Community Center, 18300 4th Ave S, Seattle Tu, noon-2:30pm. Th, 10-12:30pm. 2nd Tu of month, 5:30-7pm. Serves residents of the Highline area encompassing parts of Burien, SeaTac, Normandy Park, and Unincorporated King County.	
Kent Food Bank.....	253.520.3550
515 W Harrison St, Kent M Tu W F, 10-2pm. 2nd W of month, 5-6pm. Serves residents of Kent School District.	
Kent Food Bank Annex.....	253.520.3550
Springwood Apartments, 12961 SE 275th St, Kent Th, 10am-1pm. Serves Kent School District Residents.	
Maple Valley Food Bank.....	425.432.8139
21415 Maple Valley Hwy, Maple Valley M W Th, 10:30-1pm. 2nd Th month, 5:30-7pm.	
Margie Williams Helping Hands.....	425.687.8365
973 Chelan Ave NE, Renton Sa, 8-11am. No geographic service restrictions.	
Miracles Food Bank.....	206.380.6237
12600 Renton Ave S, Seattle (Skyway) M Th, 5:30-7:30pm. Serves South Seattle, Skyway, Burien & Renton.	

FOOD BANKS

Multi-Service Center Federal Way.....	253.838.6810
1200 S 336th St, Federal Way M W F, 10am-2pm. 4th Th of month, 5-6pm. Federal Way School District Residents Only.	
Plateau Outreach Ministries.....	360.825.8961
1749 Cole St, Enumclaw W, 9:30am-noon. May visit once a week.	
St. Stephen the Martyr.....	253.631.1044
13055 SE 192nd St, Renton M F, 10-noon. W, 4-5:45pm. Serves residents of the Kent and Renton school districts. Can sometimes offer emergency food when pantry is closed.	
Tukwila Pantry.....	206.431.8293
3118 S 140th St, Tukwila Tu Th, 1:30-3:30pm. Sa, 12:30-2:30pm. Serves residents of Tukwila, SeaTac, Burien, and Boulevard Park.	

FREE VOICEMAIL

Solid Ground Community Voicemail.....	206.694.6771
1501 N 45th St, Seattle Provides voicemail services to people who are homeless or without a phone and on DSHS assistance, as well as inmates who need to communicate with their attorneys.	

DENTAL CARE

*The following agencies either accept DSHS Services Cards,
employ sliding scale fees, or are free/low cost.*

HealthPoint—Auburn Dental.....	253.804.8713
126 Auburn Ave, Auburn M-F, 7:45am-4pm. Emergency morning: Tu, 7:45am-noon.	
HealthPoint—Kent Dental.....	253.796.4071
403 E Meeker St, Kent M-F, 8am-4pm. Emergencies: M, 7:45am-noon.	
HealthPoint—Federal Way Dental.....	253.874.7646
33431 13th Pl S, Federal Way M-F, 7:45am-4pm. Emergencies: Th, 7:45-noon.	
Public Health—Renton Dental Clinic.....	206.296.4955
10700 SE 174th St, Renton M-F, 8am-5pm.	
Sea Mar—Dental Burien.....	206.631.7316
18010 8th Ave S, Burien M-F, 8am-5pm.	

MEDICAL CARE

*The following agencies either accept DSHS Services Cards,
employ sliding scale fees, or are free/low cost.*

Christ Free Community Clinic.....	253.736.2634
1 A St NW, Auburn Walk In: Tu, 5:30-8pm; 1st & 3rd Sa, 8:30am-11:30am.	
HealthPoint—Auburn Medical.....	253.735.0166
126 Auburn Ave, Auburn M Tu, 8am-8pm; W-F, 8am-5pm.	
HealthPoint—Federal Way Medical.....	253.874.7634
33431 13th Pl S, Federal Way M W-F, 8am-5pm; Tu, 8am-7pm.	
HealthPoint—Kent Medical.....	253.852.2866
403 E Meeker St, Kent M Tu, 8am-8pm; W-F, 8am-5pm.	
HealthPoint—Renton Medical.....	425.226.5536
200 S 2nd St, Renton M Tu, 8am-7pm; W-F, 8am-5pm.	
HealthPoint—SeaTac Medical.....	206.277.7200
4040 S 188th St, SeaTac M W-F, 8am-5pm; Tu, 8am-7pm.	
Mobile Medical Van.....	website only
www.kingcounty.gov/healthservices/health/personal/mobilemed Provides basic medical care out of a mobile medical van to homeless individuals and families in South King County. Walk up to the van for treatment at designated sites and times. Van schedule is posted online. No appointments or fees.	
New Hope Health Center.....	206.453.1868
15880 Military Rd, Tukwila Walk in Sa, 8:30-noon, except on holiday weekends.	
Renton Salvation Army RotaCare.....	425.255.5969
206 S Tobin St, Renton Walk in Sa, 9-11am.	
Sea Mar Community Health Center—Burien.....	206.812.6140
14434 Ambaum Blvd SW, Burien M-F, 8am-5pm.	

NEEDLE EXCHANGE

Public Health—HIV/AIDS Program—SCORE.....	206.214.6040
Coordinates a needle exchange program for injection drug users in South King County. Call to schedule an exchange. Staff will meet people at an agreed upon location.	